**Student Disability Support Services**

**Wellness and Counselling Centre**

**Office of Student Affairs, The Chinese University of Hong Kong**

**uShine SEN Service Team 2021-22**

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|  | As a caring University, CUHK seeks to promote positive educational outcomes for its students and is committed to promoting equal opportunities in academic pursuits for every student. Students with special educational needs (SEN) sometimes need support in their studies and University life adjustment. To promote mutual support and growth among students, the uShine SEN Service Team is established. It is hoped that both uShine members and students with SEN would better understand their strengths and develop a fruitful university life. |

**Eligibility**

If you are:

* **A full-time non-final year undergraduate or postgraduate student (from any fields of study)**
* Supportive, Helpful, eager to promote an Inclusive environment in CUHK, Nurturing and Enthusiastic

You are most welcome to join us!

**You will**

* Build a team with other uShiners and establish friendship with SEN students
* Get to know the SEN support at CUHK
* Attend the 12-hour Mental Health First Aid Course
* Receive training workshops on various types of SEN

**Service Contents**

* Assist in the promotion of SEN awareness among CUHK staff and students through organizing service projects/ activities, producing relevant videos, and managing uShine social media platforms etc.
* Provide learning support for students with SEN (e.g., share study tips and important academic information, plan the study schedule together etc.)
* Prepare lecture materials in braille/ accessible e-formats for students with visual impairment
* Support freshmen with SEN in their University life adjustment (e.g., get familiar with the campus service and facilities, operate online learning platforms etc.)

**Upon completion of this programme**

You will:

* Receive a certificate in the completion of the Mental Health First Aid Course
* Receive a certificate of acknowledgement upon fulfilling the training and service requirements
* uShiners with remarkable performance will receive the certificate of **Outstanding uShiner of the year** (as nominated by group advisors and/or voted by other uShiners)
* The training and service hours will be recorded in the Student Development Portfolio (SDP) (applicable for undergraduate students only)

**Programme Details and Requirements (Period: October 2021- January 2023)**

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| **Training Programme** | **Date** | **Time** | **Training Hours** |
| **I. \*Compulsory\* Training Activities** |
| 1. Understanding SEN Support at CUHK
 | 8 Oct 2021 (Fri) | 3:00pm - 5:00pm | 2 |
| 1. Mental Health First Aid Course

(Total: 4 Sessions)\* Those who have completed this course and presented the certificate can be exempted. | 15 Oct 2021 (Fri)29 Oct 2021 (Fri)12 Nov 2021 (Fri)19 Nov 2021 (Fri)  | 2:30pm - 5:30pm2:30pm - 5:30pm2:30pm - 5:30pm2:30pm - 5:30pm | 12 |
| 1. Training Day Camp

(Venue: Jockey Club PHAB Camp, Pok Fu Lam) | 6 Nov 2021 (Sat) | 9:30am - 4:00pm | 6.5 |
| 1. Braille-printing Training
 | 10 - 14 Jan 2022 (Mon - Fri) | Will be formed into small groups and self-arrange the time with the instructor | 1 |
| **II. Training Workshops (Optional)** |
| 1. Workshop on Supporting Peers with Autism Spectrum Disorder
 | 8 Feb 2022 (Tue) | 2:30pm - 5:00pm | 2.5 |
| 1. Workshop on Understanding Guide Dogs
 | 8 Mar 2022 (Tue) | 6:00pm - 8:30pm | 2.5 |

**Service Details**

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| **I. Handover Ceremony \*Compulsory\*** |
| * Team leaders from each team will organize the handover ceremony with the help of the advisors, and handover with the former cohort of uShiners
* Date: 5 Jan 2022 (Wed) 11:00am - 1:00pm
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| **II. Service Projects/ Activities \*Compulsory\*** |
| * uShiners will form into 3 teams and each team will organize **TWO service projects/ activities**

 (1st service project/ activity) Preparation: Jan 2022; Event time: Feb or Mar 2022 (2nd service project/ activity) Preparation: Aug 2022; Event time: Sep or Oct 2022* uShiners **need to participate in at least one** of activities organized by other teams
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| **III. Individual Support for SEN students (On need basis)** |
| * Provide small-group buddy support to facilitate study/ university adaptation of the SEN students
* Assist in training workshops for SEN students as peer helpers
* Prepare lecture materials for students with visual impairment
* Assist in other educational programmes of Student Disability Support Services
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| **IV. Publicity and Promotions \*Compulsory\*** |
| * Each uShiner needs to write an Instagram and Facebook post to promote uShine/ understanding of SEN
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**Important Notes**

* **Members are required to submit HK$500 on or before 7 Oct 2021 as the deposit of programme training cost.**
* The deposit will be **fully refunded to those who have fulfilled the training and service requirements** in the end of the programme.
* All training sessions and activities will be conducted in **Cantonese**.
* **uShiners need to wear the uShine Team Tee to attend ALL the training workshops and activities** (Team Tee will be provided by the Student Disability Support Services).

**Enquiry**

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